

# Griffintayle

## CALENDAR OF WEEKLY ACTIVITIES

- Third Monday of the Month 8pm Baronial Meeting via Zoom
- Tuesday Night
   6pm—8pm
   Intermediate
   Heavy Combat
   Ainslie Hall
   Scout Hall, I Hassall St, Ainslie ACT
   2602
- Third Saturday of the Month 2pm-5pm Scribes
- Sunday
   I0am—I2noon
   Archery
   Tuggeranong Archery Club
   299 Soward Way,
   Greenway ACT
   2900
- Sunday
   12.30pm—2pm
   Dancing
   1.30pm
   Rapier Training
   2pm –5pm
   A&S Activities
   3pm
   Heavy Combat
   Ainslie Hall
- Third Sunday of the Month
   2.30pm-4.30pm
   Griffin's Nest
   Ainslie Hall

# eat, eat you are to thin

BARONY OF POLITARCHOPOLIS

Inspired by recent postings throughout Lochac and the Known World about food I thought it was about time that the Politarchopolis Chefs and Cooks were encouraged to show the world what they have been offering all those who have eaten at the tables of Feasts and Events here and anywhere Politarchopolis has cooked their way into the stomachs of many. Please send your recipes and menus to chronicler@politarchopolis.lochac.sca.org. Please include photos if you have them of your dishes along with any period sources. Also include any acknowledgements for any redactions or translations.

Thank you to Elyn Lucas for this months recipes.

# Beef & Bacon Pie (c1545)

## **Ingredients:**

Pastry dough – enough to line a 9" pie dish & top/lid I & 1/2 lb Stewing Beef / Steak, cut into small pieces 1/2 Cup Bacon, diced into small pieces 1/2 tsp Pepper 1/2 tsp Salt 1/4 Cup Red Wine Vinegar I/3 Cup Prunes I/3 Cup Prunes I/3 Cup Dates, chopped I Cup Beef Broth 2-3 tbsp Flour (Plain)

# Method:

On the stove top, cook the bacon until the fat runs from it; drain off fat. To the bacon in the pan add beef, spices, vinegar and fruit. Add enough broth to thoroughly wet the mixture, the final consistency should be runny. Add flour and cook over a low heat until the juices from a sort of gravy. Let cool Line a 9" pie dish with pastry and then add the meat mixture. Cover the top of pie dish with pastry lid or leave open faced. Bake in a pre heated oven (375 degrees F) for 40 minutes or until the pastry is cooked.

## <u>Chicken in Ale Broth</u> (Chykonys in Bruette) c.1420-30

JANUARY AS LVII (57)

## **Ingredients:**

I Chicken Raw, cut into pieces
2-3 Cups Water
1/4 to 1/2 tsp Black Pepper, ground
2-3 tsp Ginger powder
10-20 Saffron strands
1/4 Cup Unseasoned Bread Crumbs
I Bottle or Can of Ale

# Method:

Place Chicken pieces into a pot and cover with water. Bring pot to the boil, reduce heat and simmer

until chicken is cooked (30 – 40 Minutes). Remove chicken.

Bring the broth to the boil and add remaining ingredients.

Stir frequently until sauce is thickened to the desired consistency.

Place chicken back into the sauce for an additional 5 minutes, then serve.

Take and Seethe Chickens, & smite them to gobbets; then take Pepper, Ginger, and Bread ground & mix it up with the same broth, and with Ale; and colour it with Saffron, and seethe and serve forth.

> (Take a thousand eggs or more, I Volume, Harleian MS. 279, c. 1420)

# **Politarchopolis Baronial Changeover**

# Saturday 4th March Gates Open at 10.00am Yarralumla Woolshed 208 Cotter Road, Weston ACT

Join us to celebrate the Barony of Politarchopolis, farewell our outgoing Baroness, and welcome our new Baron and Baroness.

This event will include a royal visit, both a heavy and rapier tournament, a middle-eastern feast full of fragrance and spices, an arts and sciences competition focused upon largess (gifts), and a theatrical performance between courses.

Booking form available on Baronial Website and Facebook Pages

# **Politarchopolis Baronial Meetings 2023**

During the December Baronial Meeting there was a discussion about whether to continue with Zoom Meetings or go back to Face to Face meetings at the Hall on a Sunday Afternoon The meeting decided that a combination of the two would be trialled .

January 16th via Zoom at 8pm **February** 19th at Ainslie Hall at 2.30pm March 20th via Zoom at 8pm April 24th via Zoom at 8pm Due to Festival

August

20th at Ainslie Hall at 2.30pm

May 21st at Ainslie Hall at 2.30pm

> September 18th via Zoom at 8pm

October 16th via Zoom at 8pm

lune

19th via Zoom at 8pm

July 17th via Zoom at 8pm

**November** 20th at Ainslie Hall at 2.30pm Dercember I I th via Zoom at 8pm

The Griffin's Nest is a place for the young and young at heart to go to learn new skills and make things to enjoy the SCA. Each month there will be different activities planned for our younger members.

If you would like to help keep the Nest full and fun then please contact the Baronial Youth Officer for more details on how to.

Please join us on FaceBook for more information and copies of the activity sheets. https://www.facebook.com/groups/thegriffinsnest



# **Baronial Awards and Scrolls**

The receiving of awards and scrolls is a wonderful occasion. To help celebrate this we would like to include details of these awards and photos of those who have received them.

With more in-person events happening around the Kingdom and within the Barony these should be celebrated.

Please let us know who within the Barony has received any awards at events either locally or outside of our boundaries and we will let all know of their achievements.



Image from the College of Scribes Website The Scribal Arts are one of the many crafts that are practiced

within the Kingdom and Society.

The time and dedication that is put into each and every scroll is often a wonder to behold. Help us to celebrate the works of these artists and those who receive these magnificent scrolls.

Send us pictures of scrolls that you have received and we will proudly display them for all to see.

Please send these to chronicler@politarchopolis.lochac.sca. org, include your name, what the scroll was for and when received. Also please include who the illuminator and calligrapher were. This way we can ensure all those whose work has gone into your scroll are recognized for their labours.

# **Baronial Hall Fees**

The Ainslie Hall is an important part of life in Politarchopolis. Our weekly activities are where we can teach, practice, learn and show off our skills to all those within the Kingdom. It is a place for all to come together and enjoy the game we play. It is also where the Barony stores much of the equipment and Garb that we use to make our events something to remember.

To be able to continue using this space we have to ensure that we can afford to make the best of our time there. To do this the Barony put together a fee structure that allows all members and nonmembers access to the hall.

This year there is a small change to the payment of the Hall fees to line it up with the payments that we make to the Les Explorateurs Scouts who manage the Hall. This means that Hall fees are now from;

- January—March
- April—June
- July—September
- October—December

Adult Members and Non-Members can pay fees in the following ways;

- Weekly \$ 5.00
- Monthly \$ 13.50
- Quarterly \$ 40.00
- Annually \$160.00

Please remember that Non-Members must also pay an insurance cost of \$5 (Minors) and \$10 (Adults) per session.

For more information please contact the Reeve at reeve@politarchopolis.lochac.sca.org



Seneschal Hrolleifr skrauti seneschal@politarchopolis.lochac.sca.org

#### Website

https://politarchopolis.lochac.sca.org FaceBook https://www.facebook.com/groups/Politarchopolis/ Twitter https://twitter.com/scapolit Instagram https://www.instagram.com/scapolit/ Meetup https://www.meetup.com/Canberra-Medieval-Renaissance-Activities-with-the-SCA/

# The Barony of Politarchopolis

is a community group in Canberra and the surrounding region devoted to learning medieval skills and enjoying medieval pastimes. We don't just read about history, we live it!

Fighting, feasting, costuming, crafting, music, dance... if it was done in pre-17th century Europe, we know someone interested in recreating it.

And not just in the ACT! We're part of a global organisation called the <u>Society for Creative Anachronism</u> (the SCA), and we're one of 42 local groups in the Australia/ New Zealand chapter: the <u>Kingdom of Lochac</u>.



# **Kingdom Events**

# March Crown Tournament AS 57

The Barony of Aneala has the honour of hosting this tournament to determine the 43rd Crown of Lochac. The event will be held from the afternoon of Friday 10th March through to Sunday 12th March at Ern Halliday Recreation Camp in Whitfords. We invite the Populace of Lochac - those coming to contest the Crown List and those coming to bear witness - to join us in Lochac's West to share in the wondrous spectacle.

https://aneala.lochac.sca.org/ events/march-crown/details/

# Autumn Coronation AS 58

Politarchopolis invites you to join the celebrations of the coronation of the 42nd Crown of Lochac, with Heavy, Rapier, Archery, Arts and Sciences, court and feasting. The event will include Saturday lunch, Saturday Feast, Sunday lunch, morning and afternoon tea. When: 6th of May 2023 to 7th of May 2023 Locations: Saturday I lam to I lpm: St Johns Church Hall. Sunday 10am to 3pm: Ainslie Scout Hall. Sunday Morning Archery 10am to Ipm: Tuggeranong Archery Club.